

Hand Hygiene at School

Your health is in your **clean** hands!



PROPER HAND WASHING



PROPER USE OF HAND SANITIZER



Apply a small amount of hand sanitizer to palm of hand



Rub hands together



Apply to all surfaces of hands until dry (about 20 seconds)

WHEN TO WASH or SANITIZE



Entering the bus



Entering and exiting the school or classroom



Before eating



After coughing, sneezing or blowing your nose



After using the bathroom



Before putting on and after taking off your mask



If hands are dirty, washing is necessary!