St. Bernadette School Athletic Concussion Form

Student Name: _____ Grade: _____

Sport: _____

***This form must be completed each season per sport**

To ensure continued safety for all athletes participating in Athletics, the state of Massachusetts have recently mandated that all student/athletes, as well as parents, must participate in the National Federation of State High School Association's concussion awareness program. This program consists of an online concussion awareness course, "Concussion in Sports – What You Need To Know," and corresponding exam. The course can be found at www.nfhslearn.com and is free. All students and Parents will be required to participate in this online course. No student will be allowed to participate in any athletic scrimmage, game or practice at St. Bernadette School without returning this form signed by both student and parent.

You will also find on the nfhslearn.com website, "A Parent's Guide to Concussion in Sports." This packet will provide you with all the necessary information regarding signs, symptoms, return to play, how concussions can affect school work, and several other frequently asked questions regarding concussions. For any further questions please feel free to contact Deborah O'Neil, Principal, at St. Bernadette School at 508-351-9905 or email principal@stb-school.org

Detail any concussion history: _____

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***If your student receives a head injury outside of St. Bernadette School, immediately report the incident to the school nurse.**

How to Take The Concussion Exam

- Go to www.nfhslearn.com
- Click on Concussion Courses and then "Concussion in Sports"
- The Website will ask you to register prior to taking the exam.
- Follow Instructions to register, and then take exam.
- After completing both the online concussion course and corresponding exam, please sign, date and return this form to your coach. Student athletes cannot participate in team activities unless this form is properly submitted.

The following signatures certify that both student and parent have completed the online exam, "Concussion in Sports – What You Need to Know"

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Parent Date	Student Date
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Print Name	Print Name